

The Islamia University of Bahawalpur
Department of Applied Psychology
Course Outline
BS Semester-III– Introduction to Social Work

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OBJECTIVES:

The objective of this course is to acquaint and familiarize students with the basic concepts and, scope of Social work.

CONTENTS:

Introduction:

1. Concept and definition of social work
2. Social work as profession
3. Scope/Fields of social work
4. Islamic Values and social work
5. Historical background of social work
6. Social case work as method of social work
7. Stages of social case work
8. Principles of social case work
9. Interview in social case work
 - a. Techniques of Interview
 - b. Physical setting for good interview
10. Social group work as method of social work
11. Types of groups
12. Stages of group development
13. Principles of social group work
14. Community development as method of social work
15. Stages of community development
16. Principles of community development
17. Secondary methods of social work
18. Social Problems
19. Social Work in Pakistan

RECOMMENDED READINGS:

1. Ambrosino, R. (2005). *Social work and social welfare introduction*. Mexi: Thomson.
2. Bogo, M. (2007). *Social work practice*. New Dehli: Rawat Publications.
3. Catherine N. D. & Karen M.S. (2012). *Social Work Fields of Practice*. Canada: John Wiley&Sons.
4. Gautam, P.R. & Singh, R.S. (2011). *Principles and practices of Social Work*. New Delhi: Balaji Offset.
5. Healy, K. (2012). *Social work methods and skills: The essential foundations of practice*. New York: Palgrave Macmillan.

Marks Distribution Of 100%:

Sessional	20
Mid-term	30
Final Exam	<u>50</u>
Total	<u>100</u>